



"IF WE COULD SEE THE MIRACLE OF A SINGLE FLOWER CLEARLY, OUR WHOLE LIFE WOULD CHANGE." - BUDDH

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# BELFAST CITY HALL CANNABIS CELEBRATION 4:20pm APRIL-20

## HOW TO MAKE HEMP OIL BY RICK SIMPSON

ON 02 DECEMBER 2009. POSTED IN [MEDICINAL CANNABIS NEWS & INFORMATION](#)

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For those of you who have watched the documentary "[Run from the Cure](#)", this should answer any questions about producing your own hemp oil.



**Cannabis Oil - Miracle Natural Medicine with NO SIDE EFFECTS**



**Caution:** Oils that drug dealers sell can have many contaminants and often little or no THC. From my experience, most hemp oil available on the street should be avoided for medicinal use. Make your own oil or have someone you trust produce the oil to assure a very pure, high quality oil is produced.

How much to make and take?

One pound (500g) of bone-dry hemp buds will usually produce about 2 ounces (55 - 60 mL) of high-grade oil. This amount of oil will cure most serious cancers; the average person can ingest this

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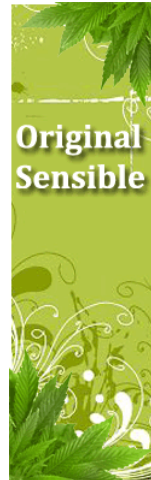
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amount in about three months. This oil is very potent so one must begin treatment with small doses. A drop of oil about half the size of a grain of rice, two to four times a day is a good beginning. After four or five days, start increasing your daily dosage very gradually. As time goes on the body builds a tolerance to the oil and more and more can be taken. In cases where people are in a great deal of pain, I recommend that their dosage be quickly increased until it kills the pain. High quality hemp oil will stop pain even when morphine is not effective. The oil can be applied to external injuries for pain relief in minutes.

Will I get high?

Following the dosage previously described, many people can take the full treatment and never get high. In regards to hemp, getting "high" is a joke, even if a person does take too much oil the effect wears off quickly and no harm is done. No one has ever died from the use of hemp medicine.

Will I become addicted?

Hemp oil does not cause your body to crave more. It is non-addictive, harmless and effective for practically any medical condition.

Is this the same as hemp seed oil?

No! This is hemp oil, made from the bud and small leaves of the hemp plant. It is the essential oil of the hemp plant. Health food store sells oil made from hemp seed that is often mislabeled as hemp oil. Although seed oil is very beneficial, it does not contain enough THC to have any effect on cancer and other serious illnesses.

Are hemp and marijuana the same?

The word marijuana is one of over four hundred slang terms used worldwide to describe the cannabis and/or hemp plant.

Are all hemp plants the same?

When buying or growing hemp, procure a strain that has the highest possible THC content. To energize someone suffering from depression, I recommend a good Sativa strain. For most other medical conditions, I strongly suggest that Indica strains be used. Indicas relax a person and provide them with more rest and sleep.

How do I use it?

High quality hemp oil can be vapourized, ingested or used topically. Add the oil to creams and salves for external use.

Where can I get information about making the oil?

The process in the video could only be described as crude at best, but the oil that is produced will cure cancer. In reality, this medicine should be produced in a controlled environment, using distilling equipment, etc. to reclaim the solvent and to purify the oil. Most people do not understand distilling and do not have access to the required equipment. This is the reason such a simple method is described in the documentary, so if need be just about anyone can produce the oil. As in the video, again we stress that this process, if not done properly can be dangerous and we bear no responsibility if this educational information is misused.

### Rick Simpsons process of making hemp oil

Starting material:

I generally work with a pound or more of good grade hemp starting material. You can use just one ounce. An ounce will usually produce 3 or 4 grams of oil. The amount of oil produced per ounce of hemp will vary from strain to strain, but it all has that wonderful healing power.

**1** - Place the completely dry starting material in a plastic bucket.

**2** - Dampen the material with the solvent you are using. Many solvents can be used. I like to use pure naphtha but it costs \$500 for a 45-gallon drum. You can use 99% isopropyl alcohol, which you can find in your local drug stores. Alcohol absorbs more chlorophyll from the plant material than naphtha does. This gives oils made with alcohol a darker colour but does not diminish the potency of the oil to any noticeable degree. Ether, naphtha or butane and many other solvents can produce oils that are amber and transparent. Granted these clear oils do look better but dark oil can be just as potent. If the process is done properly, little or no solvent residue is left in the oil. I have been consuming oils produced using different solvents for eight years with no harmful effects. You will require about two gallons of solvent to strip the THC off one pound of dry starting material. 500 milliliters of solvent should be more than enough to strip the THC from one ounce of hemp starting material.

**3** - Crush the plant material using a stick of clean untreated (chemical free) wood or some such device. Even though the starting material has been dampened with the solvent, you will find that the material can be readily crushed.

**4** - Add solvent until the starting material is completely covered.

Use the stick to work the plant material. As you are doing this, the THC dissolves off the plant material into the solvent.

**5** - Continue this process for about 3 minutes.

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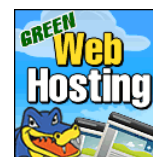
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**6** - Pour the solvent-oil mix off the plant material into another bucket. You have just stripped the plant material of about 80% of its THC.

**7** - Second wash - again add solvent to the plant material and work it for another 3 minutes to get the other 20%.

**8** - Pour this solvent-oil mix into the bucket containing the first mix that was poured off previously.

**9** - Discard the twice-washed plant material.

**10** - Pour the solvent-oil mix through a coffee filter into a clean container.

**11**- Boil the solvent off. I have found that a rice cooker will do this boil off very nicely. The one I have has two heat settings - high and low - and will hold over a half gallon (2.5 liters) of solvent-oil mix.

**12**- Add solvent-oil mix to the rice cooker until it is about ¾ full.

**Make sure you are in a very well ventilated area and set up a fan to carry the solvent fumes away. The fumes are very flammable. Be sure to stay away from red-hot elements, sparks, cigarettes etc. that could ignite the fumes.**

**13** - Plug the rice cooker in and set it on high heat.

**14** - Continue adding solvent-oil mix as the level in the rice cooker decreases until it is all in the cooker.

**15** - Add a few drops of water to the solvent-oil mix as the level comes down for the last time. The amount of water added depends on how much starting material you had in the beginning. If I am producing oil from a pound of good bud, I usually add about ten drops of water.

**16** - When there is about one inch of solvent-oil-water mix left in the cooker, put on your oven mitts, pick the unit up and gently swirl the contents.

**17** - Continue swirling until the solvent has been evaporated off. The few drops of water help release the solvent residue and protect the oil somewhat from too much heat. When the solvent has been boiled off, the cooker that I use automatically goes to low heat. This avoids any danger of overheating the oil. At no time should the temperature of the oil go over 290F degrees (140 C).

**18** - Put on your oven mitts and remove the pot containing the oil from the rice cooker.

**19** - Gently pour the oil into a small stainless steel container.

**20** - Place this container in a dehydrator or put in on a gentle heating device such as a coffee warmer. It may take a few hours but the water and volatile turpines will be evaporated from the oil. When there is no longer any activity on the surface of the oil the medicine is ready for use.

**21** - Pour the hot oil into a bottle; or as in the video suck it up into a plastic syringe. Putting the oil in a plastic syringe makes it very easy to dispense the medicine.

When the oil cools off it has the consistency of thick grease. Some strains will produce very thick oil and you may have trouble squeezing it out of the syringe. If this happens, place the syringe in warm water a few minutes prior to use.

To anyone starting to use hemp oil as a medication, here are some simple facts.

Hemp oil will lower blood pressure and if you are on blood pressure medication, you may find that this medication is no longer needed. The same is true for diabetics. I have seen hemp oil control blood sugar to the extent that insulin was no longer needed.

I am not a doctor and I do not have the right to tell people what they should do. Personally, I would not consider taking any cancer treatments currently in use by our medical system, I do not recommend that hemp oil be taken along with chemotherapy. What would be the sense of making your own cure and then allowing the medical system to give you massive doses of poison?

From my experience with hemp medicine, I have found that most pharmaceutical medications are no longer needed once a person starts using hemp oil. Hemp oil seems to mix well with most natural medications but I have had a few reports from people trying to take hemp oil and pharmaceuticals who experienced stomach pain etc. All problems ceased when they stopped taking the prescription drugs.

To anyone who is going to act on this information to help a loved one, I welcome you to the world of real medicine. Again, I caution you to be very careful when boiling the solvent off. The fumes are very flammable. Be sure to stay away from red-hot elements, sparks, cigarettes etc. that could ignite the fumes.

I wish you the best luck and health.

Warmest regards,  
Rick Simpson.

Source [www.phoenixtears.ca](http://www.phoenixtears.ca)

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Day\_maker

my dad is on ventilator he has 4th stage lung cancer. I started giving him hemp oil by mixing it water by boiling the water and then letting the oil mix with water since it has to go through his feeding tube attached to his nose. Do you guys suggest anything else or what I am doing is right ? I started with very small doses for three days and today I am have increased the doses.

Would need answer ASAP! as he doesn't have much time, doc says max 1 week or less.

7 months ago 1 Like

Like



Cannabis N.I., Belfast

Hi Day Maker,

You should contact Rick Simpson through his website here

<http://phoenixtears.ca/contact...>

7 months ago in reply to Day\_maker

Like



Day\_maker

My dad cannot swallow anything from mouth right now, how can this be given to him ?

7 months ago

Like



Cannabis N.I., Belfast

He could just put it in his mouth and suck on it.

7 months ago in reply to Day\_maker 2 Likes

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Nowtooaxaca

I know I am posting late to questions asked before, but for those asking about prostate cancer query 'Dennis Hill cannabis prostate cancer' and you should be able to see his page "Cannabis Cures Cancer" Also query 'Shona Banda' she has saved her life using cannabis and uses a vaporizer to get the oil versus the method of buying a large amount and using solvents to extract the oil.

~J Legal in NM

7 months ago 3 Likes

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