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UltraShape™

Non-invasive fat reduction and body contouring

Safe, effective and advanced
cosmetic treatments



Call us today on
1300 666 244

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With Total Body you can enjoy the same advanced technology and quality of care offered in my own practice.



**Managing Director
Dr Mark Kohout**

Dr Kohout is a highly-trained and respected Plastic surgeon. He is a Fellow of the Australasian College of Surgeons (FRACS) and a member of the Australian Society of Plastic Surgeons (ASPS).

→ [Find out more about Total Body](#)

Safe, effective, non-surgical body
contouring and fat reduction for
men and women



[click to enlarge](#)

Change your shape and your life in as little as a month

Sometimes it takes more than just a healthy lifestyle to get rid of unwanted and stubborn fat deposits.

UltraShape™ is a safe, effective and surgery-free body contouring treatment that delivers measurable results without the need for follow-up treatments or maintenance.



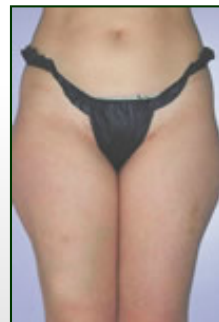
UltraShape™ is a groundbreaking treatment designed for average and overweight men and women that frees your body of unsightly fat and helps you get your body into the shape you want. It is an excellent alternative for patients seeking effective removal of excess fat cells without surgery, fits into your busy schedule and lets you return to your normal lifestyle immediately.

Suitable for both men and women, **UltraShape™** is a scientifically-proven, non-invasive treatment which breaks down unwanted fat using focused ultrasound energy.

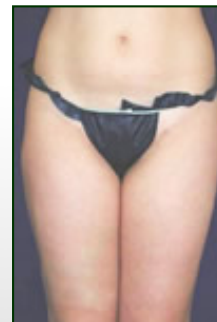
After a single procedure you'll notice an average reduction of two centimetres in your body circumference in as little as a month.

TOTAL BODY

- UltraShape Body Contouring. UltraShape Body Contouring



Before



After

Treatment is conveniently short, simple and safe and is particularly effective on stubborn fat deposits that resist even the most stringent of diet and exercise regimes such as:

➤ **Abdomen: reduce and contour your belly**

- ▶ **Thighs: say goodbye to the saddlebags**
- ▶ **Sides: get rid of the love-handles**

The **UltraShape™** treatment begins with an examination by our trained staff, during which the areas to be treated are marked. The size of the treatment areas determines the duration of the session, which usually last between one and one and a half hours.

Treatment does not require anesthesia - all you need to do is relax on the comfortable treatment bed while a hand-held device delivering ultrasound energy gently glides over the marked area.

The entire procedure is guided by innovative tracking technology to ensure smooth and even contouring results and the majority of treated patients report a pain-free and comfortable experience.



How it works

Scientifically-proven, non-invasive fat reduction and body contouring

UltraShape™ works by breaking down unwanted fat deposits using focused ultrasound energy.

The ultrasound energy selectively targets fat cells in specific problem areas, such as the abdomen or thighs, and safely disrupts the membranes of the unwanted fat cells without affecting surrounding tissues such as nerves or blood vessels.

By disrupting the fat cell membrane, the contents of the fat cell (primarily comprised of Triglycerides) is dispersed into the intercellular fluid, which is then transported through the vascular and lymphatic systems to the liver, where it is naturally processed. The liver makes no distinction between fat coming from the **UltraShape™** treatment and fat originating from consumed food so both are processed by your body's natural mechanisms.

What should I expect after treatment?

As soon as the session is over, you can immediately resume your daily routine. There is no recuperation period, and no need for follow-up treatments.

Patients state that there is no post-treatment pain or discomfort. In clinical trials worldwide, patients report that **UltraShape™** treatment is painless and that side-effects are extremely rare. Because UltraShape's unique **Contour 1** tracking system acts as a guide to ensure accurate treatment, the surface of your skin remains smooth and evenly-toned.

Recommended treatment schedule

UltraShape™ is a simple walk-in, walk-out procedure, which usually lasts between one and one and a half hours. No recovery time is required and there is no need for maintenance or follow-up treatments - you simply pick up your life where you left off.

References and further reading

[Body Contouring by Non-Invasive Transdermal Focused Ultrasound \(PDF\)](#)

[Non Invasive Ultrasonic Body Contouring – Initial Experience \(PDF\)](#)

[What Happens to the Fat After Treatment With the UltraShape™ Device \(PDF\)](#)



Call us today on **1300 666 244** and find out how **Total Body** can help you look younger and feel better.

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